

## St. Michael's Summer Camp Daily Menu

### Monday

- Lunch: Turkey/Chicken Casserole, Salad, Fruit, Dessert, Juice
- Dinner: Spaghetti, Salad, Garlic Bread, Juice, Ice Cream

### Tuesday

- Breakfast: Scrambled Eggs, Toast, Sweet Rolls, Milk
- Lunch: Fried Rice, Salad, Fruit, Dessert, Juice
- Dinner: Stew or Apple/Sausage Stir Fry, Rice, Salad, Dessert, Juice

### Wednesday

- Breakfast: Pancakes, Syrup, Sweet Rolls, Oranges, Milk
- Lunch: Macaroni and Cheese, Salad, Dessert, Juice
- Dinner: Chili (Sloppy Joes), Salad, Fruit, Dessert, Juice

### Thursday

- Breakfast: Oatmeal, Sweet rolls, Oranges, Milk
- Lunch: Hotdogs, Fruit, Doughnuts, Juice
- Dinner: Chicken, Mashed Potatoes, Salad or Vegetable, Ice Cream, Juice

### Friday

- Breakfast: French Toast, Syrup, Sweet Rolls, Oranges, Milk
- Lunch: Grilled Cheese, Salad, Fruit, Doughnuts, Juice
- Dinner: Fried fish, Tuna Casserole, Salad, Dessert, Juice

### Notes:

- We are unable to cater to Gluten free diets.
- Breakfast will not be served on the drop off day (Monday).
- Menu shows a typical week at Summer Camp. Subject to some change.